

Patchogue-Medford Schools

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**2010-2011
FALL SPORTS PHYSICALS
PATCHOGUE-MEDFORD HIGH SCHOOL
OREGON MIDDLE SCHOOL - SAXTON MIDDLE SCHOOL - SOUTH OCEAN MIDDLE SCHOOL**

Dear Parent or Guardian:

In preparation for Interscholastic Athletics for the 2010-2011 school year, sports physicals for students who plan on participating in a fall sport will be scheduled in April, May and June as follows:

<u>High School</u>	<u>Oregon</u>	<u>Saxton</u>	<u>South Ocean</u>
April 27, 29, May 4, 6 11, 13, 18, 20, 25, 27	April 28, May 5, 12 19, 26, June 2	April 27, May 4, 6 11, 13, 18, 20, 25	April 28, May 5, 12, 19, 26, June 1

No sport physicals will be done during the summer months.

High School Fall Sports – Varsity and JV Football, Grades 9 -12 and Cheerleading, Grades 9 -12, season starts **August 16, 2010.**

All other Varsity and JV high school fall sports start **August 30, 2010.**

Boys' Golf, Grades 9 -12; Boys' Cross Country, Grades 9 -12; Girls' Cross Country, Grades 9 -12; Girls' Tennis, Grades 9 -12; Girls' Gymnastics, Grades 9 -12; Field Hockey, Grades 9 -12; Boys' Soccer, Grades 9 -12; Girls' Soccer, Grades 9 -12 and Girls' Volleyball, Grades 9-12.

Middle School 7th & 8th Grade Fall Sports season starts **September 7, 2010.**

Announcements will be made at each middle school concerning practice dates and times for the following sports: Boys' Soccer, Girls' Soccer, Boys' & Girls' Cross Country, Girls' Tennis, Cheerleading, Football and Field Hockey.

Should you wish to have the sports physical done by your family health care provider, you may do so at your own expense. Please be sure that your physician completes the required form supplied by the school district. Per New York State Law the school appointed physician **must** review the written physical report to certify the student for participation in a sport. Your son or daughter will be unable to participate until the school doctor verifies a non-school physical.

Students must report to the school health office to obtain the appropriate medical forms. In order to guarantee an appointment, parents must complete the Health History portion of the physical form and return it to the school nurse. These required forms can also be found on the Athletic Department link of the district's website. Students who plan to participate in an interscholastic sport other than the fall season will be scheduled for their sports physical in school prior to the beginning of each season.

Should you have any questions, please contact the school nurse in your child's school.

Oregon -	Mrs. Stuart	687-6810
Saxton -	Mrs. Oshiro	687-6711
S. Ocean -	Mrs. O'Connell	687-6610
High School -	Mrs. Riley (A-K)	687-6523
	Mrs. Cavanagh (L-Z)	687-6524

Sincerely,



Thomas Combs
Director of Athletics, Physical Education
and Health Education